

***Directions to the Tuesday evening Discovery Meeting  
At the Aloette of Seattle Training Center  
17126 18th Pl. W.  
Lynnwood, WA 98037  
1-800-284-2563***

***Directions from North or South:***

**I-5 Exit #183** turn **East** onto **164th St. SW** to 2nd traffic light at **13th Ave W.** turn **Right**, go past CRANE/ELDEC CORP then 1/10th mile to **169th Pl. SW** turn **Right**, follow around sharp curve to left, then next **Right** onto **18th Pl. W.**, 4th house on right (3 story Gray house with pool) Follow steps down on right side of house to the French doors of the Aloette Training Center.